

VRQ Level 2 Extended Diploma in Ladies Hairdressing Jisc

M	O	Unit title	Hairdressing Training resource link
✓		Advise and consult with clients	Advise and consult with clients activity Aftercare advice and confirming satisfaction activity
✓		Blow-dry and style hair	Blow drying guide Blow drying short hair video Blow drying long hair video Blow drying activity Blow dry short hair video Blow dry mid length video Blow dry long hair video Barrel curl blow dry video Blow drying techniques guide Barrel curl blow dry quiz Blow dry short hair quiz Blow dry mid length quiz Blow dry long hair quiz Scrunch dry hair video Scrunch dry quiz Pin curls video Different tools and equipment guide
✓		Colour and lighten hair	The basic science for colouring and lightening hair activity Colouring techniques guide Colouring products, equipment and their use guide Lightening hair colour video Creative colour video Creative colour quiz Multi-dimensional colour guide Permanent hair colour video Quasi-permanent hair colour video Semi-permanent hair colour video Colouring hair activity Full head colour video Foils for highlighting hair video Foils for highlighting hair quiz Colour African Caribbean hair video Colour African Caribbean hair quiz Full head colour quiz Cap highlighting video
✓		Cut ladies hair	Cut hair using basic techniques activity Cutting guide Female razor cut video Female razor cut quiz Long graduation cut video Short graduation cut video Natural inversion guide Uniform layer cut video One length cut video Long length cut video Long graduated cut video

		Parallel layers cut (female) guide Female uniform layered cut video Child's cut video Long length cut quiz Child's cut quiz Long graduation cut quiz Advanced cutting techniques guide Short rounded layers guide Curved graduation guide Graduated bob guide Classic bob guide (including the application of foils)
✓	Health, safety and hygiene	Skin and hair tests video Hair and scalp analysis video Hair and scalp analysis quiz
✓	Set and dress hair	Base braid and weave video Base braid and weave quiz Fishtail plait video Pin curls video Pin curls quiz Plaiting guide Plaiting – French, fishtail and cornrow activity Plait video Plait and twist hair quiz French plait guide Twisting guide Twist hair video Twisting hair activity Twist video Cornrow plait video French plait video Temporarily attach hair to enhance a style video Barrel pin curling video Clock spring pin curling video Clock spring pin curling guide Clock spring pin curling activity Brick winding technique guide Brick winding technique activity Brick winding technique video Dry set spirals using heated styling equipment guide Dry set spiral using heated styling equipment activity Dry set spiral using heated styling equipment video Heated rollers video Heated roller sets quiz Brick wind roller setting guide Directional roller setting activity Brick wind roller setting activity Directional roller setting guide Brick wind roller setting video Directional roller setting video Blow drying long hair video

		Blow drying short hair video Remove hair extensions quiz Removing hair extensions guide Remove hair extensions video Remove hair extensions video Add bonds quiz Add bonds video
✓	Shampoo, condition and treat the hair and scalp	Shampoo and condition video Shampoo and condition quiz Shampooing and conditioning hair activity Conditioning procedure guide Shampooing procedure guide Conditioning hair video Shampooing hair video Wash and treatment video Wash and treatment quiz
✓	Style hair with electrical equipment	Different tools and equipment guide Dry set spirals using heated styling equipment guide Dry set spiral using heated styling equipment video Dry set spiral using heated styling equipment activity Style hair using thermal techniques video Style hair using thermal techniques quiz Brick wind roller setting guide Clock spring pin curling guide Barrel pin curling guide Barrel pin curling video Barrel pin curling guide Clock spring pin curling video Brick wind roller setting video Directional roller setting video Blow drying short hair video Blow drying long hair video Directional roller setting activity Directional roller setting guide Directional roller setting video Clock spring pin curling activity Brick wind roller setting activity Brick wind roller setting video Blow drying guide Blow drying activity Barrel pin curling activity Heated rollers video Pin curls video Barrel curl blow dry video Barrel curl blow dry quiz Pin curls quiz Heated roller sets quiz
✓	Cut men's hair using basic techniques	Cut hair using basic barbering techniques guide Scissors over comb guide Men's haircut video

		video Men's covering the ear haircut video Clipper cut guide Parallel layers cut (male) guide Male traditional cut video Male traditional cut quiz Male uniform layer cut video Male graduated cut video Cut and basic barbering video Cut and basic barbering quiz Cut facial hair to shape video Cut facial hair to shape quiz Male uniform layer cut quiz Male graduated cut quiz Advanced cutting techniques guide
✓	Salon reception duties	Interview with reception tasks video Reception duties video Fulfil salon reception duties activity Promote additional services video Promote additional services quiz Retail quiz Reception duties in the salon quiz Reception duties in the salon video How to treat customers video Customer service and care video Customer service and care quiz How to treat customers quiz
✓	Perm and neutralise hair	Directional perming technique guide Basic section perm winding guide Understanding perming products guide Directional perming video Basic section perm winding video Fashion perm video Fashion perm quiz Preparing for perming and neutralising activity Directional perm winding technique activity Directional perming technique guide Basic section perm winding technique activity Perm African Caribbean hair video Directional perm video Assist with hair perming services quiz Assist with hair perming services video Perm African Caribbean hair quiz Directional perm quiz Brick winding technique guide Brick winding technique video Brick winding technique activity
✓	Plait and twist hair	Plaiting guide Fishtail plait video

		Cornrow plait video Plaiting – French, fishtail and cornrow activity Plait video Plait and twist hair quiz French plait guide French plait video Twisting guide Twist hair video Twisting hair activity Twist video
✓	Hair relaxing using temporary methods	Relaxing hair guide Relaxing hair video Relaxing hair activity
✓	Remove hair extensions	Removing hair extensions guide Remove hair extensions video Remove hair extensions video Remove hair extensions quiz Attach and remove hair pieces activity
✓	Temporarily attach hair to enhance a style	Temporarily attach hair to enhance a style video Attaching a hair piece guide Attach and remove hair pieces activity Base braid and weave video Add bonds video Base braid and weave quiz Add bonds quiz
✓	Principles of building a commercial	No resources available.
✓	Promote products and services using	No resources available.
✓	Competition hair	No resources available.